



Live the Dream Ability EXPOs

The Arc and Region 10 Education Service Center, along with 16 area school districts, host these resource fairs for parents, professionals and providers to offer opportunities and solutions for children, youth and adults with disabilities.

A primary focus of these free Saturday fairs is transition services, connecting families with community resources in an engaging, convenient and, yes, even *fun* environment! The whole family is welcome. Workshops for parents, face-painting and balloon artists for kids, and scores of professionals are on hand to help people with disabilities learn how to live their dream.

“Live the Dream” EXPO’s are currently held in Duncanville, Garland, Irving and Rockwall. To learn more, write us at EXPO@arcdallas.org

for a trade or career), The Arc offers “Arc Days” in Allen, DeSoto, Garland, Richardson and Plano.

Arc Days uses a standards-based curriculum specifically designed for special learners. The monthly lesson plans define three levels of differentiated tasks to accommodate the diversity of learners with significant disabilities and can be adapted to incorporate and extend life skills and academics from the IEP. Arc Days includes group and community activities and current events. To learn more or to visit one of our locations, write us at ArcDays@arcdallas.org.



In the Dallas area, The Arc is the respected source for individuals with intellectual and developmental disabilities and their families. Our services include life skills training, caregiver support and local and state advocacy education offered in Dallas and the surrounding communities.

The Arc was established by parents of children with I/DD more than 60 years ago at a time when children with special needs were considered “unteachable” and denied a public education. Due to the dedication of these parents and other caregivers and professionals, people with I/DD today enjoy the right to an education and can receive support in their communities to become fully participative citizens.

Administrative Offices
 12700 Hillcrest Road, Suite 200
 Dallas, Texas 75230
 T. 214.634.9810 F. 214.634.9810
www.ArcDallas.org



Transition Services

Life After High School at its Best

The Arc is your partner in achieving easier, more effective post transition outcomes.



Achieve with us.

You are not alone.

Post transition success is not solely dependent on the education system.

The Arc understands, and we want to be your partner in supporting your students' success.

Our goals are common...supporting and empowering students to achieve their best quality of life. We know it takes more than a good education. It takes a holistic approach, a responsible, knowledgeable, willing and comprehensive support system, a great life plan with flexible strategies, and a successful transition to the world of adult supports. This is far more than the education system is able to deliver on its own. We will help close the gaps.

Helping families understand the success journey and engage.

The Arc will partner with you to provide a customized parent education series.

Since 1951, The Arc has been at the forefront of empowering parents. We help families understand the landscape of disability and engage in the responsibility of adult quality of life. We leverage more than sixty years of relationships with



special needs service providers to deliver training and information on almost any disability-related topic.

With The Arc as your community partner, you set the example that it takes a team to deliver best outcomes. We also offer a transition guide to parents who participate in the series to help them understand their involvement and changing responsibility in the journey to success. Here are a sampling of topics we offer:

Core topics

- Person-Centered Thinking and Planning
- Understanding IDEA, IEPs, ARDs, Transitioning From Individual Education Plans to Individual Adult Success Plans
- Guardianship and Special Needs Trusts: Understanding Options and Processes
- Creating Networks of Support Outside the Family
- The Landscape of Adult Support Service Options

Focused Topics

- Understanding Therapeutic Options
- Independence and Personal Safety
- Understanding and Preventing Abuse and Neglect
- Facilitating Social Success
- Behavior Management and Intervention Therapies
- Evaluating and Fostering Employment Success
- Living Away from Home: Fact, Fiction and Options
- Third Party Money Management Services
- Post High School Education Programs
- Day Habilitation Programs and Goals for Success
- Financing Adult Services
- Nontraditional Services
- Siblings and Disability
- Other Topics as requested

Transition success is fueled by a person-centered approach.

The Arc will partner with you to ensure the student is the hub of planning and strategy.

When the student and his or her preferences, skills and needs are respected, the outcome is goals that drive effective plans and successful strategies. The Arc provides the following trainings:

For caregivers, educators, providers:

Person-centered descriptions, thinking and planning.

For students:

iLead training on self-advocacy and leadership over twelve lessons.

I'm Safe, is a four lesson proven curriculum ("Stop the Violence, Break the Silence") to help young adults recognize abusive behaviors, understand their rights to personal safety, form strategies for safety in potentially dangerous situation and know what to do if abuse occurs.



Transition success takes practice.

The Arc partners with you for site-based instruction.

Site-based instruction helps acclimate a young person with I/DD to a community environment while maintaining the life-skills, socialization and behavioral goals set in his or her IEP. If a day program seems like a logical destination (or even as a way-station on the way to further training

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